A simple one at a time, top down, heel flap construction sock pattern. Narrow fit, for a larger sock either go up a needle size or cast on more stitches (multiples of 4). Keep in mind that socks always stretch! I like to knit them tighter to accommodate the inevitable.

YARN
Hedgehog Fibres Twist Sock, Colourway: Rusty Nail, 1 skein

NEEDLE
2mm 24” or 32” circular needle. Pattern is written for Magic Loop, but can easily be modified for double pointed needles.
VESTIGIAL SOCK PATTERN

INSTRUCTIONS

Cuff:
Cast on 56 stitches, divide the stitches in half on a magic loop.
Tail indicates the beg. of round.
Work Twisted 1x1 Rib as follows: *k1 tbl, p1* around for 2 inches/5cm.

Leg:
Work Mistake Rib pattern as follows:

Round 1: *k2, p2* around
Round 2: k1, *p2, k2*, until three stitches remain, p2, k1

Repeat these two rounds until the piece measures 15 cm (including cuff)

Heel:
heel flap
Do not rearrange stitches, work on half of the stitches only (28), back and forth, in a slip stitch pattern

Row 1 (RS): slip 1, *k1, slip 1* end k1
Row 2 (WS): slip 1, purl to the end of row

Slip all first stitches, purl-wise on the WS and knit-wise on RS

Repeat the 2 rows until you have 34 rows or 17 slipped chain stitches on the side of the heel flap.

Turn Heel
work back and forth in short rows
Row 1 (RS): slip 1, k16, ssk, k1, turn work
Row 2 (WS): slip 1, p7, p2tog, p1, turn work
Row 3 (RS): slip 1, knit to 1 st before gap created by turn on previous row, ssk to close the gap (1 st from each side of the gap), k1, turn.
Row 4 (WS): slip 1, purl to 1 st before gap created by turn on previous row, p2tog to close the gap (1 st from each side of the gap), p1, turn.

Repeat Rows 3 and 4 until all stitches have been worked and 18 remain (finish on purl row).

Shape Gusset:
setup:
knit across heel, pick up 17 stitches from the side of the heel flap (those slipped chain-like stitches), pick up an extra stitch for the gap between the heel flap and the top of the foot - 18 stitches. Knit across the top of the foot in mistake rib pattern. Pick up 18 stitches on the other side of the heel flap (one for the gap again), knit across the heel.

Round 1: knit across gusset until 2 stitches before the top (pattern) panel, k2tog, knit across front in pattern, ask, knit across other gusset, knit across heel stitches.
Round 2: knit across gusset, knit across top panel in pattern, knit across other gusset, knit across heel.

Repeat these two rounds until you have 28 stitches left for the sole (and 28 remains for the top panel).

Foot:
Work even in pattern (front panel only) until the foot measures 2” (5cm) less than desired length from the back of heel. The sole of the sock is kept in stockinette.
Finish round by knitting across sole.

Toe:
Round 1: ssk, knit across the top panel (disregard the pattern) within 2 stitches on the needle, k2tog; ssk, knit across the sole within 2 stitches on the needle, k2tog. 4 stitches decreased.
Round 2: knit

Repeat the two rounds until you have 8 stitches on each needle, graft the two sides together.
Tip: For more rounded toe, decrease every round for the last 2 rounds.

Repeat for other sock.

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